

CERTIFICATE **OF PARTICIPATION**

This is to certify that

Tiana Bouwer

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 00:41:15

PACE 08:15/km OVERALL 11 of 41

GENDER 7 of 32 **OPEN** 4 of 15

JoutLime

Signature

21 July 2019, Sun

Date